

2025

# UROCON

10<sup>TH</sup> ANNUAL CONFERENCE OF THE  
NEPAL ASSOCIATION OF UROLOGICAL SURGEONS

ALONG WITH

# 4<sup>TH</sup> SAUSCON

(South Asian Association Of Urological Surgeons)

*Innovations and Sustainability in Urological Practice*



**The Soaltee,  
kathmandu**



**4<sup>th</sup> and 5<sup>th</sup>  
of April**



# Message From

## THE Organizing Chair

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Greetings from Nepal!

It is with great honor and privilege that I invite you all to the 10<sup>th</sup> UROCON Nepal and the 4<sup>th</sup> SAUS Conference, to be held in Kathmandu, Nepal, from April 4<sup>th</sup> to 5<sup>th</sup>, 2025. The theme of this year's conference, "Innovations and Sustainability in Urological Practice," will focus on the unique challenges faced by developing countries in the context of the rapid advancements in urological innovations.

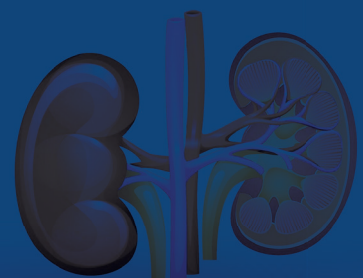
The two-day conference will feature the latest developments in the field of urology, delivered by nationally and internationally renowned experts. We invite you to participate and showcase your knowledge and expertise through scientific presentations. The event will include a variety of sessions, including a workshop on RIRS, nursing sessions, resident debate sessions, and presentations of selected scientific papers from SAARC nations and beyond.

This conference will not only be a prime opportunity to enhance your professional knowledge and skills but also to build valuable networks with leaders in the field of urology.

On behalf of the Nepal Association of Urological Surgeons (NAUS), I am excited to welcome all of you to Nepal and share with you the warmth and hospitality that our country is known for. I look forward to seeing you at UROCON Nepal 2025!

Thank you.

Dr. Mahesh Bahadur Adhikari  
Organizing Chair  
UROCON 2025



# Message From

## THE SAUS President

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January 17, 2025

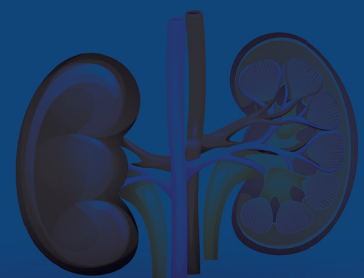
Dear Friends,

It is a great pleasure for me, on behalf of SAARC Association of Urological Surgeons (SAUS), to welcome you to SAUSCON 2025, the 4<sup>th</sup> SAUS Congress, being held in Kathmandu, Nepal on 4<sup>th</sup> and 5<sup>th</sup> April 2025, in conjunction with the UROCON 2025, Annual Congress of Nepal Association of Urological Surgeons (NAUS).

This international conference brings together the best talent from all the SAARC nations, giving a wonderful opportunity for deliberation on all the major urological issues common to all of us. As always, this conference will be a great academic extravaganza, along with an excellent opportunity for sightseeing and socializing, a perfect combination of business and pleasure!

The executive committee and the organizing team have left no stone unturned to make this event a memorable one. We all hope that you will take home sweet memories of this visit.

Best regards,  
Madhu Agrawal  
President  
SAARC Association of Urological Surgeons (SAUS)



# Message From

## THE Organizing Secretary



Dear Esteemed Guests and Colleagues of NAUS,  
Namaste and Warm Greetings,

It is with profound honor that I invite you to the 10th Nepal Association of Urological Surgeons (NAUS) Conference, UROCON 2025. As the organizing secretary, it gives me great pleasure to welcome you to this prestigious event, which will take place in the heart of Nepal, Kathmandu, at the Hotel Soaltee on April 4<sup>th</sup>-5<sup>th</sup>, 2025. This year, we are proud to host the 4<sup>th</sup> SAUS Congress alongside UROCON 2025.

The theme of this year's conference is "Innovations and Sustainability in Urological Practice." NAUS remains committed to fostering collaboration and innovation within the urology community, and this event provides a unique platform for sharing knowledge and advancing the field. Over the past decade, the Nepalese Urology Society has made significant strides in urological practice, launching numerous programs and services. However, to sustain and build upon these accomplishments, we recognize the importance of working together with our national, regional, and international colleagues. This year, we are particularly excited to invite Nepalese urologists from abroad to contribute to the conference and support the growth of the urology profession within our home country.

Our scientific committee is working tirelessly to bring you the latest advances and innovations in urology. The program will feature plenary sessions with world-renowned experts, free paper sessions, resident and nursing sessions, semi-live demonstrations, and a special session with Nepalese Diaspora urologists. We are confident that these varied sessions will offer rich academic content and stimulate thoughtful discussion. Our collective effort will ensure this event is scientifically memorable.

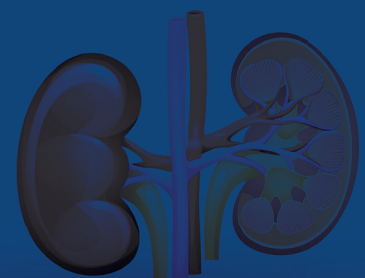
Beyond the academic sessions, our hospitality committee is dedicated to ensuring that your stay in Kathmandu is comfortable and enjoyable.

Kathmandu is a city steeped in history, culture, and natural beauty. For nature, culture, and adventure enthusiasts, the city and its surroundings offer an array of unforgettable experiences. The historic temples and Durbar Squares, the scenic hiking trails around the valley, and visits to Nagarkot, Chandragiri Hill, and even a mountain flight over the Everest Himalayas will leave you with lifelong memories. We also encourage you to visit the Pashupatinath Temple, one of the holiest Hindu sites, located along the sacred Bagmati River. Additionally, if you wish to explore further, we recommend a visit to Chitwan National Park, Pokhara, or enjoying rafting and boating on the Trishuli or Bhotekoshi rivers.

This conference will be a wonderful opportunity to strengthen our professional bonds, share knowledge, and forge new relationships. Your active participation will be key to making this event a success. I humbly request you to join us and contribute your expertise to this important gathering.

I look forward to welcoming you all to Kathmandu in 2025.

Warm regards,  
Dr. Bhojraj Luitel  
Organizing Secretary, 10<sup>th</sup> UROCON



# Message From

## THE Scientific Chair

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Dear Distinguished Guests,

We are honored to invite you to UROCON 2025, a major international conference dedicated to advancing the field of urology. This prestigious event will take place on April 4<sup>th</sup>-5<sup>th</sup>, 2025, at the Soaltee Hotel in Kathmandu, Nepal. This year we will be hosting the 4<sup>th</sup> SAUS Congress along with UROCON 2025. The theme, "Innovation and Sustainability in Urological Practice," underscores our commitment to embracing sustainable practices while addressing the evolving challenges in urology. Our goal is to enhance patient care and improve resource management through innovation and evidence-based solutions.

Hosted by NAUS, UROCON 2025 along with the 4th SAUS Congress will bring together leading urologists, researchers, and healthcare professionals from around the globe to explore the latest technological advancements, sustainable practices, and groundbreaking research that are shaping the future of urology. This is a unique opportunity to engage with experts, collaborate with peers, and contribute to the growth and evolution of our field.

Kathmandu, with its rich cultural heritage and vibrant history, provides the perfect setting for fostering collaboration and inspiring new ideas. We are excited to welcome you to this dynamic gathering where, together, we can work toward a sustainable and innovative future in urological care. Let's unite to innovate, sustain, and advance the field of urology.

We look forward to seeing you at UROCON 2025!

Best regards,  
Dr. Pawan Raj Chalise  
Scientific Chair, UROCON 2025



# Message From

## THE Joint Organizing Secretary

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Dear Esteemed Guests, Fellow Urologists, and Healthcare Professionals,

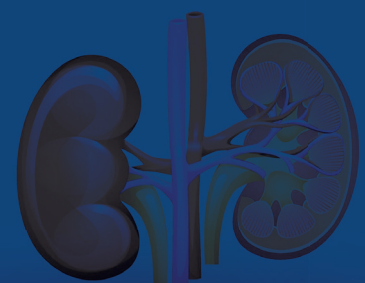
It is my great pleasure to extend a warm welcome to you for UROCON 2025, the 10<sup>th</sup> Annual Meeting of the Nepal Association of Urological Surgeons (NAUS), in association with the 4<sup>th</sup> SAUS Congress. We are excited to host urologists from Nepal and around the world in Kathmandu, the historic heart of Nepal, for this momentous occasion.

With the theme “Innovations and Sustainability in Urological Practice,” UROCON 2025 promises to be a highly enriching experience, both academically and socially. Our scientific committee is working diligently to curate an impressive program, featuring presentations from expert urologists from around the globe. This conference will provide an excellent platform for trainees to present their research, engage with leading experts, and collaborate with peers—creating opportunities that will benefit all of us in our professional growth. Additionally, we will feature a special SAUS Young Urology Session, highlighting the work of emerging urologists from the SAARC region and beyond.

In addition to the academic sessions, Kathmandu offers a rich cultural experience. The city is home to several UNESCO World Heritage Sites, which you can explore on day trips, and the surrounding hill stations offer breathtaking views of the Himalayas, making them perfect for an overnight retreat.

I look forward to welcoming you to Kathmandu in April 2025, where we will come together for a gathering that promises to be both intellectually stimulating and socially memorable.

Warm regards,  
Dr. Manish Man Pradhan  
Joint Organizing Secretary, UROCON 2025



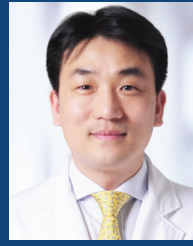
# International Faculties



**Dr Anil Takvani**  
India



**Dr C. Mallikarjun**  
India



**Dr Chang Wook Jeong**  
South Korea



**Dr Dyandra Parikesit**  
Indonesia



**Dr Faiz Mumtaz**  
England



**Dr George Kasyan**  
Russia



**Dr Hamad Ather**  
Pakistan



**Dr John McGrath**  
UK



**Dr Kaushik V Shah**  
India



**Dr Lee Lui Shiong**  
Singapore



**Dr Li Jiongming**  
China



**Dr Lo Ka Lun**  
Hongkong



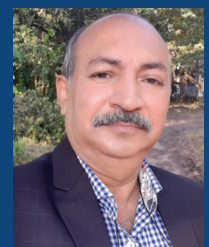
**Dr M S Agrawal**  
India



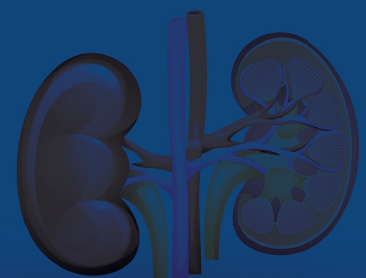
**Dr Oliver Traxer**  
France



**Dr Pankaj Maheshwari**  
India



**Pravath Chandra Biswas**  
Bangladesh



# International Faculties

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**Dr Rajeev TP**  
India



**Dr Shanggar Kuppusam**  
Malaysia



**Dr Simon Choong**  
UK



**Dr Sung Yul Park**  
South Korea



**Dr Toh Charng Chee**  
Malaysia



**Dr Uttam Mete**  
India



**Dr Vineet Gauhar**  
Singapore



**Dr Wikus Vermeulen**  
New Zealand



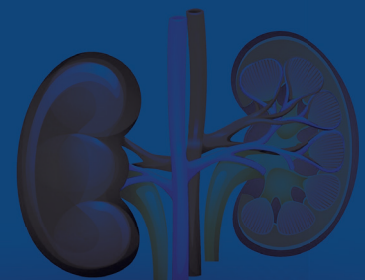
**Dr William Ong Lay Keat**  
Malaysia



**Dr Yasser Farhat**  
Ezypt/UAE



**Dr Yeow Yu Yi**  
Singapore



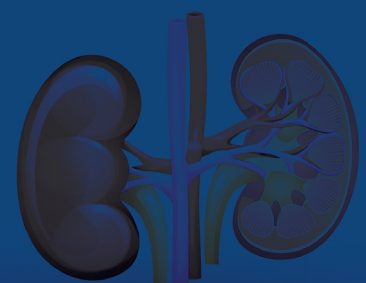


# Scientific

Time	4 <sup>th</sup> April 2025		5 <sup>th</sup> April 2025	
	Hall A	Hall B	Hall A	Hall B
8:00-9:00			SAUS Session	
9:00-10:00	International Association Lectures			
10:00-11:00	JLB Oration Stones- PCNL/RIRS	Nursing Session	Young Urologist Session	Infection in Urology
11:00-12:00		Reconstruction Session	Urology in SAARC region	Nepalese Diaspora
12:00-13:00	Uro Oncology			Renal Transplantation
13:00-14:00	Lunch	Lunch	Lunch	Lunch
14:00-15:00	International Resident Session	Pediatic Urology	Trouble Shooting in Urology	BAUS / USI/ PAUS/ SLAUS Session
15:00-16:00				
16:00-17:00	BJUI IJU and Publication	Uro Tech Session	Uro Education Symposium	
17:00-18:00	Inaguration	Inaguration	Validictory Session	
18:00-19:00	Inaguration Dinner	Inaguration Dinner		
19:00-20:00				

## Abstract submission:

<https://forms.gle/TVjcCgewuPiRR4me6>



# Registration Details:

Registration	Early Bird Registration (18 <sup>th</sup> November 2024 - February 15 <sup>th</sup> 2025)	Standard Registration (16 <sup>th</sup> February 2025- March 20 <sup>th</sup> 2025)	Spot Registration
Consultants	NPR 18000	NPR 20000	NPR 22000
Residents	NPR 14000	NPR 16000	NPR 18000
Accompanying person	NPR 14000	NPR 16000	NPR 18000
Nurse/OT technicians (one day)	NPR 10,000	NPR 12000	NPR 14000
Trade delegates	NPR 18000	NPR 20000	NPR 22000
SAARC Delegates	NPR 18000	NPR 20000	NPR 22000
Foreign Delegates	USD 200	USD 220	USD 250
*Conference kits will not be available			

## Registration

**Dr Arvind Sah : [arvindshah05@gmail.com](mailto:arvindshah05@gmail.com)**

## Hospitality:

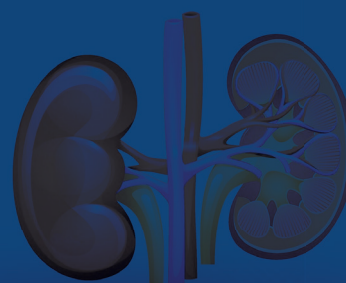
**Dr Bipendra D.K Rai : [raibipen@yahoo.com](mailto:raibipen@yahoo.com)**

## Other Queries:

**Dr Manish Man Pradhan: [memanishp@gmail.com](mailto:memanishp@gmail.com)**

**Click For Registration**

<https://urocon.checkout.com.np/registrations/urocon/10th-nepal-association-of-urological-surgeons-conference>





# Places To Visit

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## **PASHUPATINATH**

Pashupatinath is one of the holiest temples in Nepal, dedicated to Lord Shiva. Located along the Bagmati River, this temple complex is an important religious site for Hindus. The temple is known for its pagoda-style architecture and the sacred cremation ghats on the riverbanks. It is a UNESCO World Heritage Site

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## **BOUDHANATH STUPA**

Boudhanath Stupa is one of the largest Buddhist stupas in the world and is a UNESCO World Heritage Site. It is located in the eastern part of Kathmandu and is an important pilgrimage site for Tibetan Buddhists. The stupa has a large mandala and is surrounded by numerous monasteries and Tibetan shops.



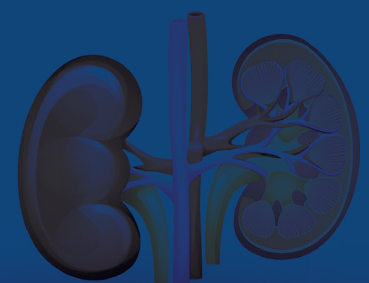
## **KATHMANDU DURBAR SQUARE**

Kathmandu Durbar Square is a historical palace complex and one of the three Durbar Squares in the Kathmandu Valley, recognized as a UNESCO World Heritage Site. The square is home to several temples, courtyards, and the former royal palace, which has exquisite Newar architecture. The area is a mix of palaces, shrines, and historic monuments.

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## **CHANDRAGIRI HILLS**

Chandragiri is a popular hill station and tourist destination located in the Kathmandu Valley, Nepal. It is 2,550 meters (8,366 feet) above sea level. The hill offers stunning panoramic views of the surrounding mountains, including the majestic peaks of the Himalayas, such as Mount Langtang, Ganesh Himal, and the Annapurna range. The Chandragiri Hill is most famous for its cable car ride, which takes visitors from the base to the top, offering scenic views of the valley and surrounding areas. At the summit, there is a view tower, and the area is often frequented by locals and tourists alike for its serene atmosphere, natural beauty, and as a spot for hiking.



# Places To Visit

## SWAYAMBHUNATH

One of the most famous landmarks in Kathmandu, Swayambhunath is a stupa located atop a hill that offers panoramic views of the city. The site is also known as the "Monkey Temple" due to the large number of monkeys that inhabit the area. The stupa is a UNESCO World Heritage Site and is a significant pilgrimage site for both Buddhists and Hindus. The complex includes temples, shrines, and prayer wheels.



## BHAKTAPUR DURBAR SQUARE

Bhaktapur Durbar Square, located about 12 km from Kathmandu, is another UNESCO World Heritage Site known for its medieval architecture and artistry. It is famous for its beautiful palaces, temples, and the 55-Window Palace. Bhaktapur is also known for its traditional Newar culture, pottery, and delicious local food.

## PATAN DURBAR SQUARE

Located in the city of Patan (Lalitpur), just across the Bagmati River from Kathmandu, Patan Durbar Square is another UNESCO World Heritage Site. Known for its stunning Newar architecture, it features temples, statues, and a museum housed in the old palace. Patan is also famous for its fine art and handicraft.



## NAGARKOT

Nagarkot is a popular hill station located near Kathmandu, Nepal. Situated about 32 kilometers to the east of the capital, it is renowned for its stunning panoramic views of the Himalayan mountain range, including peaks like Mount Everest, Langtang, and Ganesh Himal. The region is also known for its natural beauty, lush forests, and serene environment, making it a favorite destination for hiking, bird watching, and photography. Nagarkot is particularly famous for its sunrise and sunset views, with tourists flocking to the area to witness the spectacular light play on the snow-capped peaks. The area offers a variety of accommodations, from basic guesthouses to luxury resorts, making it accessible for all types of travelers.

