

11th Annual Conference of NAUS (UROCON) 2026

February 26, 2026

Pre-Conference Workshop

Theme:

Dawn of Nepal's robotic era:

Learning from the masters and building for the future

Date: February 26, 2026

Venue: Nepal Manipal Teaching Hospital, Fulbari, Pokhara

Hall: Dhanwantari Auditorium, Level 4

Start Time	End Time	Title	Speaker
13:00	13:05	Welcome Speech	Parash Mani Shrestha, President NAUS
13:05	13:10		Abhishek Maskey, Hospital Director, NMTH
13:10	13:15		Anil Oduvil, CEO, NMTH
13:15	13:20		Shishir Gokhale, Principal
13:20	13:25		Pradeep Ghimire, HOD, Surgery
13:25	13:30	Introduction to the program	Anil Shrestha, Chairman Scientific Committee

13:30	14:00	30	Lunch Break
-------	-------	----	--------------------

Convener: Ganesh Bhakta Acharya

Chairpersons: Parash Mani Shrestha, Nirmal Lamichhane, Umesh Nepal, Rajesh Batajoo

Start Time	End Time	Duration (mins)	Title	Speaker
14:00	14:30	30	Step-by-step Robotic Radical Prostatectomy: Technical nuances to improve oncological and functional outcomes	Gagan Gautam
14:30	15:00	30	Robotic RPLND nerve sparing in post chemotherapy residual mass	Amitabh Singh
15:00	15:30	30	Robotic partial nephrectomy - The way to go!	Saroj Lal Baidya
15:30	16:00	30	Robotic Radical Nephroureterectomy	Pratik Man Singh Gurung
16:00	16:30	30	Standardizing laparoscopic radical cystectomy with extra/intracorporeal urinary diversions as mainstay of treatment at tertiary oncology centre for carcinoma urinary bladder	Binod Babu Gharti
16:30	16:35	5	Q & A	
			Vote of thanks	Suman Chapagain

17:30 Onwards	Faculty Dinner at Majestic Lake Front Hotel
---------------	---

11th Annual Conference of NAUS (UROCON) 2026

February 27-28, 2026

Date: February 27, 2026

Hall: A

Start Time	End Time	Duration (Min)	Title	Speaker
08:15	08:20	5	Welcome to NAUS UROCON 2026	President NAUS
08:20	08:25	5	Scientific Overview and Saraswoti Vandana	Chairman, Scientific Committee

Session A.1.1: NAUS-International Association Lectures

Convener: Sujeet Poudyal

Chairpersons: Parash Mani Shrestha, Anil Shrestha, Suman Chapagain

Hall co-ordinators: Umesh Shrestha, Sajan Shrestha

Start Time	End Time	Duration (Min)	Title	Speaker
08:30	08:45	15	SUA Lecture: UTUCC -Is there an optimal treatment approach in 2026?	Lee Lui Shiong
08:45	09:00	15	UAA Lecture: Current developments of Robotic Surgery	Anthony NG
09:00	09:15	15	USI Lecture: Localized Carcinoma Prostate	Uttam Mete
09:15	09:30	15	MUA Lecture: Robotic-Assisted Laparoscopic RPLND for Advanced Testicular Tumors: A five-year Malaysian Experience	Noor Ashani Md Yusoff
09:30	09:45	15	SLAUS Lecture: The 12-20mm dilemma in stone disease: Evidence vs Reality in South Asian practice	Srinath Chandrasekera
09:45	10:00	15	PAUS Lecture: Decision making in the management of locally advanced RCC	Hammad Ather
10:00	10:15	15	BAUS Lecture: Transforming Urological Practice in Bangladesh: Overcoming Barriers to Minimally Invasive and Robotic Surgery	Md Shafiqur Rahman

10:15	10:20	5	Networking	
-------	-------	---	-------------------	--

Session A.1.2: JLB Oration

Convener: Baikuntha Adhikari

Dignitaries on Dais: Jagdish Lal Baidya, Parash Mani Shrestha, Anil Shrestha, Suman Chapagain

Hall Co-ordinators: Umesh Shrestha, Sajan Shrestha

Start Time	End Time	Duration (Min)	Title	Speaker
10:20	10:30	10	Introduction to Oration & Orator (Ravindra B Sabnis)	Suman Chapagain
10:30	10:50	20	JLB Oration: Lessons learnt in PCNL: Evidence and Practice	Ravindra B Sabnis
10:50	10:52	2	Remarks by Prof. J L Baidya	J L Baidya
10:52	11:00	8	Felicitation of Orator	Dignitaries on Dais

11:00	11:10	10	Coffee Break and Networking
-------	-------	----	------------------------------------

Session A.1.3: UAA/AUSET

Convener: Atul Kasaju

Chairpersons: Uttam K Sharma, Mahesh B Adhikari, Rabindra B Sabnis, Ananda Dhanasekaran

Hall co-ordinators: Suresh Thapa, Ishwor Paudel

Start Time	End Time	Duration (Min)	Title	Speaker
11:10	11:15	5	Introduction	Anil Shrestha
11:15	11:27	12	Mastery in RIRS	Anil Shrestha
11:27	11:39	12	The role of AUSTEG in surgical training in Asia	Anthony CF NG
11:39	11:51	12	Training on Flexible URS: Sharing experience of FLUTE program	Deepak Ragoori
11:51	12:03	12	Endourological management of stones in renal allograft	Chinnakhet Ketsuwan
12:03	12:15	12	Comparison between lower pole IP angle measurement by CT-IVU and intraoperative pyelogram	Rudra Dahal
12:15	12:27	12	Rethinking high frequency RIRS: key findings from a systematic review	Akash Chitrakar
12:27	12:35	8	Q & A	

12:35	13:20	45	Lunch Break
-------	-------	----	--------------------

Session A.1.4: Medbot Robotic Session

Convener: Rudra Dahal

Chairpersons: Prem Raj Gyawali, Uttam Mete, Li Jiong Ming, Suman Chapagain

Hall Co-ordinators: Yugal Jyoty Nepal, Santosh Bajgain

Start Time	End Time	Duration (Min)	Title	Speaker
13:20	13:32	12	Positive Surgical Margin after Nephron Sparing Surgery for Renal Cell Carcinoma: Clinical Significance and Management	Parash Mani Shrestha
13:32	13:44	12	Partial Nephrectomy in solitary functioning kidney	Abhishek Singh
13:44	13:56	12	Beyond Conventional Boundaries in Partial Nephrectomy: Defining Limits in the Robotic Era	Gagan Gautam
13:56	14:08	12	Robotic Prostatectomy: From Simple to Radical - comparison of Transvesical Freyer's Simple approach in Benign versus Radical approach in Cancer.	Pratik Man Singh Gurung
14:08	14:20	12	Robotic Ureteric Reconstruction Across Pathologies	Syed Mohammad Ghouse
14:20	14:32	12	Bilateral intra-fascial nerve sparing Robotic Radical Cysto-prostatectomy	Amitabh Singh
14:32	14:40	8	Q & A	

Session A.1.5: Urolithiasis and recent advances

Convener: Purushottam Parajuli

Chairpersons: Bishwa Raj Joshi, Manish Man Pradhan, Deepak Ragoori, Bipendra DK Rai

Hall Co-ordinators: Yugal Jyoty Nepal, Santosh Bajgain

Start Time	End Time	Duration (Min)	Title	Speaker
14:40	14:52	12	AI in Urology	Ananda Dhanakesaran
14:52	15:04	12	Laser innovation in Urology: Thulium Fiber Laser vs Holmium YAG Laser and Novel Pulsed Solid State Thulium YAG laser- recent updates	Rajeev TP
15:04	15:16	12	Mini-PCNL in Staghorn Stones: Optimizing Stone Clearance and Safety	Dipesh Gupta
15:16	15:28	12	Standard PCNL in the era of Mini PCNL	Harprit Singh
15:28	15:40	12	Supine percutaneous nephrolithotomy in children	Sujeet Poudyal
15:40	15:52	12	Supine PCNL in complex cases	Sandeep Gupta
15:52	16:04	12	Prone position ECIRS	Shashikant Mishra
16:04	16:12	8	Q & A	

Session A.1.6: NAUS UROCON 2026 Inauguration Session

Start Time	End Time	Duration (Min)	Title	Speaker
16:15	16:35	20		Jagadish Lal Baidya
16:35	17:00	25	Key Note Speech:	Anuradha Koirala

18:00	19:00	NAUS UROCON 2026 Inauguration		
-------	-------	--------------------------------------	--	--

19:00	22:00	Cocktail Dinner with Musical Night		
-------	-------	---	--	--

Date: February 27, 2026

Hall: B

Session B.1.1: Renal Transplantation

Convener: Rudra Dahal

Chairpersons: Rakesh Verma, AD Bhatta, Rajeev TP, Sandeep Gupta

Hall Co-ordinators: Amit Pokhrel, Lalit Kumar Shah

Start Time	End Time	Duration (Min)	Title	Speaker
11:10	11:22	12	Cadaveric Renal Transplant Program in Nepal- Extended Criteria Vs Relaxing Criteria: What we need to follow?	Pawan Raj Chalise
11:22	11:34	12	Renal Transplantation in PUV	Vijayan Manogran
11:34	11:46	12	Kidney Transplantation in Autosomal Dominant Polycystic Kidney Disease (ADPKD): Outcomes with and without Pre-Transplant Native Nephrectomy	Narayan Bhusal
11:46	11:58	12	Experience of 300 laparoscopic donor nephrectomies: Comparative outcomes with open donor nephrectomy	Dipesh Shrestha
11:58	12:10	12	Laparoscopic Right Donor Nephrectomy: Surgeon's Hesitation	Ravi Kiran Gautam
12:10	12:22	12	Surgical Challenges in Right Laparoscopic Donor Nephrectomy and tips to overcome them	Bijay Mansingh Katwal
12:22	12:30	8	Q&A	

12:30	13:20	50	Lunch Break	
-------	-------	----	--------------------	--

Session B.1.2: Instructional Course: RIRS

Course Director: Anil Shrestha

Faculties: Anil Shrestha, Anthony CF Ng, Deepak Ragoori, Sujan Makaju, Baikuntha Adhikari

Hall Co-ordinator: Jainendra Kumar Manoj, Santosh Bajgain

Start Time	End Time	Duration (Min)	Title	Speaker
13:20	13:21	1	Introduction to the course	Anil Shrestha
13:21	13:33	12	How to use FANS?- Instructional Video	Deepak Ragoori
13:33	13:45	12	Enhancing SFR and minimizing complications of RIRS with FANS	Sujan Makaju
13:45	13:57	12	Evidence and updates on FANS RIRS	Baikuntha Adhikari
13:57	14:05	8	Q & A	

Session B.1.3: Words of Wisdom from Master

Convener: Sampanna Chudal

Chairpersons: Anil Shrestha, Suman Chapagain, Krishna Kaji Bhoomi, Uday Mansingh Dangol

Hall Co-ordinators: Jainendra Kumar Manoj, Santosh Bajgain

Start Time	End Time	Duration (Min)	Title	Speaker
14:05	14:25	20	Building a Competent Urologist: Residency to Consultant	Ravindra B Sabnis

Session B.1.4: SAUS Session

Convener: Hammad Athar, Rajeev TP, Pawan Raj Chalise

Hall Co-ordinators: Ritesh Dubey, Abhisekh Poudel

Start Time	End Time	Duration (Min)	Title	Speaker
14:25	14:27	2	Welcome to UROCON -2026	Parash Mani Shrestha, President NAUS

Session B.1.4.1. SAUS Session I- Podium Presentation

Convener: Hammad Athar, Rajeev TP, Pawan Raj Chalise

Chairpersons: Parash Mani Shrestha, Uttam Mete, Srinath Chandrasekera

Hall Co-ordinators: Ritesh Dubey, Abhisekh Poudel

Start Time	End Time	Duration (Min)	Title	Speaker
14:27	14:39	10+2	Suction in urolithiasis – hype or game-changer?	Akash Chitrakar
14:39	14:51	10+2	Post- RIRS stricture - Cause, management and prevention strategies	Harprit Singh
14:51	15:01	10+2	Perioperative systemic therapy in MIBC: Neoadjuvant vs Adjuvant – What really improves survival	Hammad Ather
15:01	15:13	10+2	Peyronie's Disease: Disease Process and Future Directions	Thala M Mustafa
15:13	15:25	10+2	Special Sperm tests in evaluation of male infertility: Which and When?	Pravath Chandra Biswas

Session B.1.4.2 SAUS Session II- Debate session

Convener: Hammad Athar, Rajeev TP, Pawan Raj Chalise

Chairpersons: Suman Chapagain, Mohammad Shafiqur Rahman, Hammad Ather

Hall Co-ordinators: Ritesh Dubey, Abhisekh Poudel

Topic of debate: Nephron Sparing Surgery (NSS) vs Radical Nephrectomy (RN) for 7 cm non-hilar tumor

Start Time	End Time	Duration (Min)	Title	Speaker
15:25	15:32	7	NSS for 7 cm non -hilar tumor	Jahangir Kabir
15:32	15:39	7	RN for 7 cm non-hilar tumor	Munipriya Willaraarachchi
15:39	15:41	2	Rebuttal for NSS	Jahangir Kabir
15:41	15:43	2	Rebuttal for RN	Munipriya Willaraarachchi

Topic of debate: Surgical treatment of BEP in 2026- TURP or MIST?

Start Time	End Time	Duration (Min)	Title	Speaker
15:43	15:50	7	TURP is the treatment of BEP in 2026	Purushottam Parajuli
15:50	15:57	7	MIST is the treatment of BEP in 2026	Abhishek Singh
15:57	15:59	2	Rebuttal for TURP	Purushottam Parajuli
15:59	16:01	2	Rebuttal for MIST	Abhishek Singh

Start Time	End Time	Duration (Min)	Title	Speaker
16:01	16:03	2	Closing Remarks	Hammad Ather, President SAUS

16:03	16:15	10	Coffee break and Networking	
-------	-------	----	-----------------------------	--

Date: February 27, 2026

Hall: C

Session C.1.1: Residents Session I

Convener: Rabindra Tamang

Chairpersons: Udaya Man Singh Dangol, Nirmal Lamichhane, Harprit Singh, Vijayan Manogran

Hall Co-ordinator: Gagan Adhikari, Janardhan Gautam

Start Time	End Time	Duration (Min)	Title	Speaker
11:10	11:20	8 + 2	Development and validation of the Nepali language version of the International Consultation on Incontinence Questionnaire – Male Lower Urinary Tract Symptoms (ICIQ-MLUTS)	Susan Pradhan
11:20	11:30	8 + 2	Peri-operative parameters to predict stone clearance following URSL.	Abishek Poudel
11:30	11:40	8 + 2	A Prospective Study on Retrograde Intra-renal Surgery Using Flexible and Navigable Suction Ureteral Access Sheath	Rishav Sharma
11:40	11:50	8 + 2	A retrospective case series on management of renal calculi in patients with spinal deformities.	Dhaval Desai
11:50	12:00	8 + 2	Closing the loop on DJ stents: A quality improvement study using urology resident-maintained reformed registry	Bidhan Sigdel
12:00	12:10	8 + 2	Evaluation of Pathological Outcomes Following En-Bloc Resection in Re-Transurethral Resection of Bladder Tumor	Jainendra Kumar Manoj
12:10	12:20	8 + 2	Reassessing Restaging TURBT in the Modern Era: Is It Time to Move from Routine to Selective?	Mithilesh Yadav
12:20	12:30	8 + 2	Preoperative Blood Pressure as a Determinant of Early Distal Arteriovenous Fistula Failure: Prospective Observational study	Sanjay Shrestha
12:30	12:40	8 + 2	Managing ureterovaginal fistula- our experience	Sriya Karmacharya

12:40	13:20	40	Lunch Break	
-------	-------	----	--------------------	--

Session C.1.2: Instructional Course: MIST in BPH

Course Director: Sujeet Poudyal

Faculties: Ananda Kumar Dhanasekaran, Mahesh Bahadur Adhikari, Chinnakhet Ketsuwan

Hall Co-ordinators: Jainendra Kumar Manoj, Gautam Kumar Gupta

Start Time	End Time	Duration (Min)	Title	Speaker
13:20	13:28	8	Guidelines & BPH Treatment Landscape: Introduction to MIST	Ananda Kumar Dhanasekaran
13:28	13:36	8	Prostatic Urethral Lift (UroLift): Patient Selection, Technique, and Outcomes	Mahesh Bahadur Adhikari
13:36	13:44	8	Emerging Thermal and Mechanical Therapies: Rezūm and iTIND in BPH Management	Chinnakhet Ketsuwan

13:44	13:52	8	Advanced Minimally Invasive Alternatives: Aquablation and Prostatic Artery Embolization (PAE)	Ananda Kumar Dhanasekaran
13:52	14:00	8	Patient Selection Algorithm & Practical Approach	Chinnakhet Ketsuwan
14:00	14:10	10	Q & A	

Session C.1.3: Moderated poster presentations

Convener: Bipin Guragain

Chairpersons: Amit Shah, Sunil Regmi, Bijaya Man Singh Katuwal, Hillary Fernando

Hall Co-ordinators: Jainendra Kumar Manoj, Gautam Kumar Gupta

Start Time	End Time	Duration (Min)	Title	Speaker
14:10	14:15	4+1	Revisiting Extracorporeal Shock Wave Lithotripsy for Large Renal Stones: Insights from Two Cases	Dominic Chong Zy-Ken
14:15	14:20	4+1	Augmentation Cystoplasty with bladder neck closure & Mitrofanoff procedure in a young female with small bladder capacity and left ectopic ureter with right renal agenesis	Swapnil Nikam
14:20	14:25	4+1	Bladder Cancer at a Young Age: Management Dilemmas and Clinical Outcomes in a Resource-Conscious Setting	Gagan Adhikari
14:25	14:30	4+1	ERBT-institutional experience	Nirva Neupane
14:30	14:35	4+1	Managing uretero-vaginal fistula- our experience	Pramod Thapa
14:35	14:40	4+1	Laparoscopic Buccal Mucosal Graft Ureteroplasty: Expanding Horizons in Ureteral Reconstruction	Gautam Kumar Gupta
14:40	14:45	4+1	Augmentation cystoplasty with Yang Monti Mitrofanoff for a tubercular thimble bladder -a case report	Dhaval Desai
14:45	14:50	4+1	Role of Gentamicin in Uro-surgery	Basant Pandeya
14:50	14:55	4+1	Comparison of ureteral stents removal by rigid cystoscope versus rigid ureteroscope: A prospective study.	Prakash Thapa
14:55	15:00	4+1	Role of Immediate Post-Operative Uroflowmetry in Predicting the Outcome of Transurethral Resection of Prostate.	Sachin Kumar yadav

Session C.1.4: Andrology

Session C.1.4.1: Podium Presentation

Convener: Durga Pandit

Chairpersons: Mahesh B Adhikari, Dhruva B Adhikari, Kushal Karki, Dipesh Gupta

Hall Co-ordinators: Jainendra Kumar Manoj, Gautam Kumar Gupta

Start Time	End Time	Duration (Min)	Title	Speaker
15:00	15:10	8 + 2	A Practical Approach to Erectile Dysfunction in daily office Andrology Clinic: How we do it?	Anil Shah
15:10	15:25	13 + 2	Understanding Penile Prosthesis	Vineet Malhotra

Session C.1.4.2: Panel discussion – Male Subfertility

Moderator: Anil Shah

Panelists: Vineet Malhotra, Raghavendra Kosgi, Prakash Chhettri, Chitaranjan Shah

Hall Co-ordinators: Jainendra Kumar Manoj, Gautam Kumar Gupta

Start Time	End Time	Duration (Min)
15:25	16:00	35

16:00	16:10	10	Coffee break and Networking
-------	-------	----	-----------------------------

Date: February 28, 2026

Hall: A

Session A.2.1: BEP/LUTS

Convener: Arun Pandey

Chairpersons: Bharat Bahadur Bhandari, Uttam Kumar Sharma, Srinath Chandrasekera, Rajeev TP

Hall Co-ordinator: Nishcal Adhikari, Nirmal Prasad Shah

Start Time	End Time	Duration (Min)	Title	Speaker
08:30	08:42	12	Advances in BPH	Ananda Dhanakesaran
08:42	08:54	12	ThuFLEP Made Simple: A Practical Video Guide to Thulium Fiber Laser Enucleation.	Deepak Thakur
08:54	09:06	12	Demystifying Urinary Incontinence After Laser Prostate Surgery	Bipendra DK Rai
09:06	09:18	12	Pharmacological management of male lower urinary tract symptoms and benign prostatic hyperplasia – Evidence-based consensus statements from the Indian working group	Mangesh Patil
09:18	09:26	8	Q & A	

Session A.2.2: Uro-oncology

Convener: Udita Mishra

Chairpersons: Anil Shrestha, Pawan Raj Chalise, Syed Mohammad Ghouse, Hammad Ather

Hall Co-ordinator: Nishcal Adhikari, Nirmal Prasad Shah

Start Time	End Time	Duration (Min)	Title	Speaker
09:26	09:38	12	Bladder preservation on TMT in MIBC	Nirmal Lamichhane
09:38	09:50	12	Radical cysto-prostatectomy: ileal conduit and neobladder formation	Robin Joshi
09:50	10:02	12	Establishing a service for radical Cystectomy - My journey	Munipriya Willaraaachchi
10:02	10:14	12	Extended versus Limited Pelvic Lymph Node Dissection in Prostate Cancer: Do We Still Need ePLND in the PSMA-PET Era?	Hillary Fernando
10:14	10:26	12	Past, present and future: the paradigm shift in treatment of metastatic hormone sensitive prostate cancer	Umesh Nepal
10:26	10:34	8	Q & A	

10:34	10:44	10	Coffee break and Networking	
--------------	--------------	-----------	------------------------------------	--

Session A.2.3: Laparoscopy and Robotic Urology

Convener: Purushottam Parajuli

Chairpersons: Parash Mani Shrestha, RB Sabnis, Pratik Man Singh Gurung, Uttam Mete

Hall Co-ordinator: Rishav Sharma, Abhisekh Poudel

Start Time	End Time	Duration (Min)	Title	Speaker
10:44	11:04	20	Difficult reconstructive laparoscopic surgery	Sashikant Mishra
11:04	11:16	12	Tips for Laparoscopic Radical Prostatectomy and protection of continence mechanisms	Li Jiong Ming
11:16	11:28	12	The pioneering journey: Tracing the evolution of Laparoscopic Uro-surgery at BPKIHS	Rikesh Jung Karkee
11:28	11:40	12	Step-by-Step Laparoscopic Nephrectomy: Key Operative Steps and Technical Pearls	Deepak Thakur
11:40	11:52	12	Laparoscopic Partial Nephrectomy made simple: Tips, Tricks, and Technical Pearls	Bipendra DK Rai
11:52	12:04	12	Role of robotic assisted laparoscopic partial nephrectomy in the management of complex renal tumors	Zubin Silwal
12:04	12:12	8	Q & A	

Session A.2.4: Panel discussion: Uro-Oncology

Moderator: Nirmal Lamichhane; **Co-moderator:** Suman Adhikari

Panelists: Parash Mani Shrestha, Uttam Mete, Rabindra B Sabnis, Umesh Nepal, Robin Joshi, Rajesh Batajoo, Sashikant Mishra

Hall Co-ordinator: Rishav Sharma, Abhisekh Poudel

Start Time	End Time	Duration (Min)	Title
12:12	12:42	30	Management of renal mass in solitary kidney: Balancing oncological control and renal preservation

12:42	13:30	48	Lunch Break
-------	-------	----	--------------------

Session A.2.5: Urolithiasis

Convener: Rudra Dahal

Chairpersons: CS Agrawal, Dhruva Bahadur Adhikari, Dipesh Shrestha, Rajiv Shah,

Hall Co-ordinators: Ishwor Poudel, Khagendra Gautam

Start Time	End Time	Duration (Min)	Title	Speaker
13:30	13:42	12	Relevance, Reality and Resilience of Open Stone surgery in the AI Era	Narayan Thapa
13:42	13:54	12	Importance of Intra-Renal Temperature and Pressure in Retrograde Intrarenal Surgery (RIRS)	Manish Man Pradhan
13:54	14:06	12	Impact of intra-op calyceal selection for stone free rate	Ram Sagar Shah
14:06	14:18	12	The Hybrid Approach: Developing a Patient-Specific Positional Algorithm for PCNL at BPKIHS	Rikesh Jung Karke
14:18	14:28	10	Q & A	

Session A.2.6: Reconstructive Urology

Convener: Baikuntha Adhikari

Chairpersons: AD Bhatta, Guna Kumar Shrestha, Md Shafiqur Rahman, Rikesh Jung Karkee

Hall Co-ordinators: Ishwor Paudel, Khagendra Gautam

Start Time	End Time	Duration (Min)	Title	Speaker
14:28	14:40	12	VIDEO- presentation	Lee C Zhao
14:40	14:52	12	Female Urethral Stricture	Prakash Chettri
14:52	15:04	12	Management of Anterior Urethral Strictures: Current Treatment Options	Sudeep KC
15:04	15:16	12	Simultaneous Urethroplasty and TURP in the Management of Post-TURP Urethral Stricture	Kushal Karki
15:16	15:26	10	Q & A	

15:26	15:40	14	Coffee break and Networking	
-------	-------	----	-----------------------------	--

Date: February 28, 2026

Hall: B

Session B.2.1: Functional Urology

Convener: Bir Bahadur Thapa

Chairpersons: Narayan Thapa, Prakash Chettri, Saroj Baidya, Munipriya Willaraachchi

Hall Co-ordinator: Jainendra Kumar Manoj, Santosh Bajgain

Start Time	End Time	Duration (Min)	Title	Speaker
08:30	08:42	12	Voiding dysfunction in young males	Mahesh Adhikari
08:42	08:54	12	The application of sacral nerve modulation in lower urinary tract dysfunction	Fang Ke Wei
08:54	09:06	12	The Neuro-Urological Axis in Neurosurgery	Yam Bdr Roka
09:06	09:18	12	Artificial Urethral Sphincter placement -Semi-live Video Presentation	Anil Shah
09:18	09:30	12	Physiotherapy Led Pelvic Floor Muscle Down-Training for Non-Neurogenic Voiding Dysfunctions - an initial case series	Asmu Bhattarai
09:30	09:42	12	Nuclear medicine and Urology in Nepal: Milestones, Challenges, and the future path	Sagar Maharjan
09:42	09:52	10	Q & A	

Session B.2.2: Panel Discussion- Urolithiasis

Moderator: Akash Chitrakar

Panelists: Chinnakhet Ketsuwan, Deepak Thakur, Zubin Silwal, Arvind Kumar Shah, Bipendra DK Rai

Hall Co-ordinator: Jainendra Kumar Manoj, Santosh Bajgain

Start Time	End Time	Duration (Min)	Topic
09:52	10:22	30	Metabolic evaluation and medical management of Urolithiasis

10:22	10:30	8	Coffee break and Networking
--------------	--------------	----------	------------------------------------

Session B.2.3: Urolithiasis

Convener: Milan Gyawali

Chairpersons: Ram Sagar Shah, Arvind Kumar Shah, Kushal Karki, Narayan Bhusal

Hall Co-ordinator: Jainendra Kumar Manoj, Santosh Bajgain

Start Time	End Time	Duration (Min)	Title	Speaker
10:30	10:42	12	Improving stone clearance in RIRS	Ganesh Bhakta Acharya
10:42	10:54	12	Efficacy and Safety of Percutaneous Nephrolithotomy in Treating Lower Calyceal Renal Stone of 1-2 cm in Favorable Lower Pole Calyceal Anatomy: Comparison with Extracorporeal Shock Wave Lithotripsy	Md. Shafiquzzaman Opu
10:54	11:06	12	Beyond the Prone position: Why I switched to supine PCNL	Hari Bahadur KC

11:06	11:18	12	Effectiveness and safety of RIRS and mini PCNL using TFL laser for upper urinary tract calculi > 2 cm: A prospective comparative study	Prabodh Regmi
11:18	11:30	12	Radiation free RIRS: Is it really feasible?	Purushottam Parajuli
11:30	11:42	12	Retrograde intrarenal surgery in <3-year age group: A single-center experience	Prajwal Paudyal
11:42	11:52	10	Q & A	

Session B.2.4: Instructional Course: Urodynamics

Course Director: Atul Kasaju

Faculties: Hammad Ather, Prakash Chhetri, Bipin Maharjan

Hall Co-ordinator: Ritesh Dubey, Abhisekh Poudel

Start Time	End Time	Duration (Min)	Title	Speaker
11:52			UDS in clinical practice- The "Why & When"	Bipin Maharjan
			Understanding UDS traces - Quality control and clinical correlation	Prakash Chhettri
			UDS led management of Neurogenic bladder	Hammad Ather
	12:40		Q & A	

12:40	13:30	50	Lunch Break	
--------------	--------------	-----------	--------------------	--

Session B.2.5: NAUS Young Urology Award Session

Prof. A.D. Bhatta Female and Functional Urology Award; Prof. C.S. Agrawal Young Urology Award; Prof. P.R. Gyawali Laparoscopy and Endourology Award

Convener: Udit Mishra

Chairpersons: Bipendra DK Rai, Pawan Raj Chalise, Anil Shrestha, KK Bhomi

Hall Co-ordinator: Subodh Ghimire, Ritesh Dubey

Start Time	End Time	Duration (Min)	Title	Speaker
13:30	13:42	10 + 2	Size Isn't Everything: Stone Volume Predicts Lasing Time in RIRS	Suman Adhikari
13:42	13:54	10 + 2	Clinical outcomes and safety profile of air pyelogram to guide percutaneous access in percutaneous nephrolithotomy - a prospective study	Kartikesh Mishra
13:54	14:06	10 + 2	Predictive Factors for Significant Hemorrhage and Emergency Management After Percutaneous Nephrolithotomy (PCNL)	Bipin Guragain
14:06	14:18	10 + 2	Usefulness of multiparametric MRI for local staging of bladder cancer	Prajwal Paudyal
14:18	14:30	10 + 2	Early Experience with Laparoscopic Radical Prostatectomy at a Tertiary Care Center in Lalitpur, Nepal	Ishory Bhusal

14:30	14:42	10 + 2	Expanding the Horizons of Minimally Invasive Urology: A Young Urologist Experience with Laparoscopic Procedures in Eastern Nepal	Milan Gyawali
14:42	14:54	10 + 2	Kidney transplantation from brain-dead donors in Nepal: Report of first eighteen cases	Hari Baral

Session B.2.6: Consultants free Paper

Convener: Durga Pandit

Chairpersons: Narayan Bhusal, Ganesh B Acharya, Hari B KC

Hall Co-ordinator: Subodh Ghimire, Ritesh Dubey

Start Time	End Time	Duration (Min)	Title	Speaker
14:54	15:06	12	Outcomes of Complicated Transplantation in Nepal: Experience from Three Challenging Cases	Rojan Adhikari
15:06	15:18	12	Robot-assisted Partial Nephrectomy with a Newly developed KD-2000, DEGE MP1000 Robotic Surgical System and da Vinci Xi for Early Renal Cancer	Radhe Shyam Gupta
15:18	15:30	12	Laparoscopic Partial Nephrectomy at Patan Hospital: Our Early Experience	Mohammad Nasim Alam
15:30	15:38	8	Q & A	

15:38	16:00	22	Coffee break and Networking	
--------------	--------------	-----------	------------------------------------	--

Date: February 28, 2026

Hall: C

Session C.2.1: Comprehensive Urology Nursing: From OPD to OR

Convener: Akash Chitrakar

Chairpersons: Ganesh Bhakta Acharya, Poonam Sinha, Saroj Baidya, Kunja Shrestha

Hall Co-ordinator: Shreedhar Khadka, Ganesh Thapa

Start Time	End Time	Duration (Min)	Title	Speaker
08:30	08:38	8	Pre-operative preparation and patient safety	Supriya Acharya
08:38	08:46	8	Workflow management in a High staff turnover Urology OT: A Nurse's perspective	Bidhya Shrestha
08:46	08:54	8	How to set up an Endo-cart	Swikriti Malhakar
08:54	09:02	8	Assisting in common endo-urological procedures	Sagar Ranabhat
09:02	09:10	8	Lasers in Endo-urology: Nursing perspective	Shova Subedi
09:10	09:18	8	Radiation safety for OT nurses in Endo-urology	Rakshya Sainju
09:18	09:26	8	Patient education during discharge	Karuna Dhakal
09:26	09:34	8	Evolving Role of Nursing Team in Urology OPD.	Geeta Sapkota
09:34	09:42	8	Q &A	

Session C.2.2: Nursing Session- Renal Transplant

Convener: Nirmal Rasali

Chairpersons: Prakash Chettri, Vijayan Manogran, Narayan Bhusal, Dipesh Shrestha

Hall Co-ordinator: Shreedhar Khadka, Ganesh Thapa

Start Time	End Time	Duration (Min)	Title	Speaker
09:42	09:50	8	OT nursing role in Renal transplant surgery	Nikita Gurung
09:50	09:58	8	Role of the scrub nurse in living renal transplant: Laparoscopic donor surgery in TUTH	Anupama Rajbhandari
09:58	10:06	8	Critical role of scrub nurse in recipient renal transplant	Sudristi Adhikari
10:06	10:14	8	Post-operative nursing management after renal transplant	Prava Dhakal
10:14	10:22	8	Early post-op complications after renal transplant and its management	Alisha Prajapati
10:22	10:30	8	Q n A	

10:30	10:40	10	Coffee break and Networking	
--------------	--------------	-----------	------------------------------------	--

Session C.2.3: Resident Award Session

Convener: Arun Pandey

Chairpersons: Dipesh Gupta, Rajesh Batajoo, Hari Bdr KC, Umesh Nepal

Hall Co-ordinator: Shreedhar Khadka, Ganesh Thapa

Start Time	End Time	Duration (Min)	Title	Speaker
10:40	10:50	7+3	Our Experience of Partial Nephrectomy	Lalit Kumar Sah

10:50	11:00	7+3	Skipping Contrast in Prostate MRI: Detection of Clinically Significant Prostate Cancer Using Biparametric and Multiparametric MRI — A Retrospective Study	Sajan Shrestha
11:00	11:10	7+3	Comparison of bladder urine and pelvic urine culture as predictors of Systemic Inflammatory response syndrome Post Uretero-rensoscopy	Ishwor Paudel
11:10	11:20	7+3	Comparative study of Thulium Fiber Laser versus Holmium:YAG laser lithotripsy in RIRS for renal stones	Yugal Jyoty Nepal
11:20	11:30	7+3	Efficacy of extracorporeal shockwave therapy of the perineum for chronic pelvic pain syndrome in male patients: a pilot study	Subodh Ghimire
11:30	11:40	7+3	Holmium Laser Enucleation of the Prostate (HoLEP) in the Surgical management of BPH: Our Experience at CMCTH	Raghvendra Vimal
11:40	11:50	7+3	Analysis of endoscopic ureteral changes in predicting surgical outcomes of ureteroscopic lithotripsy	Bidhan Sigdel
11:50	12:00	7+3	Comparison of CT- Based Renal papillary attenuation between Stone formers and non-stone formers: Prospective observational study	Umesh Pradhan
12:00	12:10	7+3	Efficacy of combined Antegrade and retrograde irrigation versus antegrade only irrigation during mini-PCNL	Amit Pokhrel
12:10	12:20	7+3	Use of mayo adhesive probability score in assessing perioperative outcomes in laparoscopic donor nephrectomy: a prospective observational study	Suresh Thapa
12:20	12:30	7+3	Outcomes of endoscopic combined intrarenal surgery: our experience at CMCTH	Subhash Kumar Singh

12:30	13:30	50	Lunch Break	
-------	-------	----	--------------------	--

Session C.2.4: Consultants Session

Convener: Robal Lacoul

Chairpersons: Sudeep Raj KC, Suman Sharma, Deepak Thakur, Saroj Baidya

Hall Co-ordinator: Umesh Shrestha, Amit Pokhrel

Start Time	End Time	Duration (Min)	Title	Speaker
13:35	13:47	12	Preoperative Neutrophil-to-Lymphocyte Ratio as a Predictor of Adverse Pathological Features in Penile Cancer	Prashant Singh
13:47	13:59	12	Study of factors predicting infectious complications following PCNL in BMCTH	Md. Imran Ansari
13:59	14:11	12	Safety and Efficacy of Mini-Percutaneous Nephrolithotomy: A Retrospective Single-Center Study from Eastern Nepal	Rabindra Tamang

14:11	14:23	12	Impact of quality TURBT on Oncological outcomes of bladder cancer patients at a tertiary care center in Nepal	Shailesh Maharjan
14:23	14:35	12	Comparison Of Suction Ureteral Access Sheath Versus Traditional Sheath In Retrograde Intrarenal Surgery	Srijan Kharel
14:35	14:43	8	Q & A	

14:55	16:00		Coffee break and Networking	
--------------	--------------	--	------------------------------------	--