



Nepal Association  
of Urological Surgeons



# 11<sup>TH</sup> UROCON 2026

11<sup>TH</sup> ANNUAL CONFERENCE OF NEPAL  
ASSOCIATION OF UROLOGICAL SURGEONS

Hotel Pokhara Grande

27-28 Feb

Pokhara, Nepal

## NAUS UROCON 2026: Advancing urology through Collaboration, Innovation and Education

The 11th Annual Conference of the **Nepal Association of Urological Surgeons (NAUS UROCON 2026)** was held from 26–28 February 2026 in the Hotel Pokhara Grande, Pokhara, bringing together leading urologists, academicians, and trainees from Nepal and across Asia. The conference served as an important platform for scientific exchange, professional collaboration, and discussion on emerging trends in urology, with sessions covering endourology, robotic surgery, oncology, functional urology, and transplantation.

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### Scientific Highlights

#### Pre-conference Workshop

A pre-conference workshop held on 26 February at Nepal Manipal Teaching Hospital, Pokhara, centered on the theme “Dawn of Nepal’s Robotic Era: Learning from the Masters and Building for the Future.” National and international experts presented semi-live video demonstrations of advanced robotic and laparoscopic procedures, including robotic radical prostatectomy, robotic partial nephrectomy, robotic nephroureterectomy, and robotic

retroperitoneal lymph node dissection, and laparoscopic radical cystectomy. The workshop provided valuable technical insights and highlighted the growing momentum of robotic surgery in Nepal and the region.

#### International Collaboration Sessions

The opening scientific session featured lectures from several international urological associations—including **UAA, SUA, MUA, PAUS, SLAUS, and BAUS**—reflecting the strong global engagement and collaborative spirit of NAUS. Experts addressed contemporary topics such as robotic surgery, advanced prostate cancer management, and modern approaches to upper tract urothelial carcinoma and renal cell carcinoma.



Similarly, the **SAUS session** brought together regional experts for focused discussions and academic exchange on evolving trends in urology. Together, these sessions set the tone for the conference by emphasizing technological innovation,

multidisciplinary management, and strengthened regional collaboration in advancing urological care.



### JLB Oration: A Tribute to Surgical Wisdom

One of the most anticipated academic events of the conference was the JLB Oration, named in honor of Prof. Jagadish Lal Baidya, a pioneer of urology in Nepal.

The 2026 JLB Oration was delivered by Ravindra B Sabnis, Chairman of the Department of Urology at Muljibhai Patel Urological Hospital and Immediate Past President of the Urological Society of India.



### Oration Topic

#### “Lessons Learnt in PCNL: Evidence and Practice”

In his oration, Dr. Sabnis shared decades of surgical experience in percutaneous nephrolithotomy (PCNL), focusing on:

- Evolution of PCNL techniques from standard to miniaturized approaches
- Evidence-based patient selection and procedural planning
- Importance of surgical ergonomics and access techniques
- Strategies to reduce complications and improve stone clearance
- The balance between technology, evidence, and surgical judgment

The lecture blended clinical evidence with practical surgical insights, providing invaluable guidance for both experienced surgeons and trainees.

Following the oration, Prof. Jagadish Lal Baidya delivered remarks appreciating the academic contributions of the orator and the continued growth of urology in Nepal.

### Words of Wisdom from the Master

Another highlight of UROCON 2026 was the “Words of Wisdom from the Master” session, again featuring Ravindra B Sabnis.

## Lecture Topic

### “Building a Competent Urologist: Residency to Consultant”



In this inspiring session, Dr. Sabnis reflected on the journey of surgical training and professional development. Key messages included:

- The importance of structured residency training and mentorship
- Developing technical mastery alongside ethical and compassionate practice
- Continuous learning and adaptation to rapidly evolving technologies
- The role of research, academic collaboration, and lifelong education
- Maintaining humility and professionalism in surgical practice

His reflections resonated strongly with residents and young consultants, highlighting that excellence in urology requires both technical expertise and a commitment to lifelong learning.

## Key Scientific Themes of the Conference

Across multiple parallel sessions, UROCON 2026 showcased advances in several important areas:

### Endourology and Stone Disease

Sessions incorporating the expert lectures, panel discussions, and debates highlighted innovations in endourology, including mini-PCNL, supine PCNL, ECIRS, and advanced laser technologies such as the thulium fiber laser for the management of stone disease and BPH. Emerging minimally invasive surgical therapies (MIST) for BPH were also discussed, reflecting the ongoing evolution and refinement of minimally invasive approaches in stone surgery and endourological practice.

### Robotic and Laparoscopic Surgery

Lectures and semi-live video discussions focused on advanced procedures such as robotic partial nephrectomy, robotic radical prostatectomy, and complex reconstructive surgeries, highlighting

technical nuances and operative strategies. These sessions underscored the rapidly expanding role of minimally invasive and robotic platforms in urological practice across South Asia, reflecting the region's growing adoption of cutting-edge surgical technology.

### **Uro-Oncology**

Experts addressed the contemporary management of bladder cancer, prostate cancer, and renal and upper tract tumors, highlighting evolving strategies such as the role of extended lymph node dissection, multimodal therapy, and organ-preserving approaches including bladder preservation protocols. Through a combination of expert lectures, panel discussions, and interactive debates, the sessions provided valuable insights into evidence-based decision-making and emerging trends shaping modern uro-oncological care.

### **Functional Urology and Andrology**

Sessions explored voiding dysfunction, sacral nerve modulation, male infertility evaluation, and erectile dysfunction management, highlighting multidisciplinary care.

### **Resident and Young Urologist Engagement**

Resident sessions, poster presentations, and award competitions encouraged academic participation

by young urologists and trainees, reinforcing NAUS's commitment to developing the next generation of urologists.

### **Skill Building Through Instructional Courses**

A distinctive feature of NAUS UROCON 2026 was the emphasis on practical surgical education through a series of focused instructional courses designed to enhance clinical skills and decision-making among practicing urologists and trainees.

One of the most well-attended sessions was the Instructional Course on Retrograde Intrarenal Surgery (RIRS), directed by Dr Anil Shrestha. The course provided practical insights into modern techniques in flexible ureteroscopy, including the use of flexible and navigable suction ureteral access sheaths (FANS), strategies to improve stone-free rates, and approaches to minimize complications. National and international experts shared their clinical experience and evidence-based recommendations.



Another highly engaging educational activity was the Instructional Course on Minimally Invasive Surgical Therapies (MIST) for Benign Prostatic Hyperplasia, directed by Dr Sujeet Poudyal, which explored emerging alternatives to conventional surgical approaches for benign prostatic enlargement. National and international faculty discussed modern treatment modalities such as prostatic urethral lift (UroLift), Rezūm therapy, iTIND, Aquablation, and prostatic artery embolization, emphasizing patient selection and evolving treatment algorithms.



Additionally, an Instructional Course on Urodynamics, directed by Dr Atul Kasaju provided participants with practical guidance on the role of

urodynamic studies in clinical practice. The course focused on the interpretation of urodynamic traces, quality control in testing, and the application of urodynamic findings in managing complex lower urinary tract dysfunction.

These instructional courses were particularly valuable for young urologists and trainees, bridging the gap between theoretical knowledge and real-world clinical practice. The sessions reinforced the conference's commitment to capacity building, surgical excellence, and continuous professional development in urology.

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### Inauguration Ceremony

The formal **inauguration of NAUS UROCON 2026** marked a significant moment of celebration and reflection for the urological community in Nepal. The ceremony brought together distinguished national and international faculty, members of the **Nepal Association of Urological Surgeons (NAUS)**, and guests to commemorate the continued growth of urology in the country.



research, and innovation in advancing medical education and patient care. He highlighted the role of conferences such as UROCON in promoting scientific dialogue, strengthening professional networks, and inspiring the next generation of surgeons and clinicians.

A special highlight of the inaugural session was the conferral of **Honorary Membership of NAUS to Dr Michael Wong**, consultant urologist from Singapore and current president of the Endourological Society, in recognition of his valuable contributions to the advancement of urology and his support for academic collaboration and training within the region. The honor symbolized NAUS's commitment to fostering strong international partnerships and knowledge exchange.



The inaugural program concluded with a shared sense of optimism and commitment toward **continued academic excellence, technological advancement, and improved urological care in Nepal and the region.**



The ceremony also featured an inspiring address by **Prof Dr Bharat bahadur Khatri**, the Vice Chancellor of Pokhara Academy of Health Science, who emphasized the importance of academic collaboration,



## Celebrating Emerging Talent: Young Urology and Resident Awards

A major highlight of NAUS UROCON 2026 was the recognition of outstanding academic contributions by young urologists and residents through the prestigious **NAUS Young Urology Award Session**. This competitive session showcased high-quality research and innovative clinical insights from early-career urologists, reflecting the vibrant academic culture within the Nepalese urological community.



The **Prof. A.D. Bhatta Female and Functional Urology Award** recognized excellence in research related to functional and female urology.

The **Prof. C.S. Agrawal Young Urology Award** was awarded to Dr Suman Adhikari for the presentation “*Size Isn’t Everything: Stone Volume Predicts Lasing Time in RIRS*,” highlighting the importance of stone volume as a predictor of

procedural efficiency in retrograde intrarenal surgery.

The **Prof. P.R. Gyawali Laparoscopy and Endourology Award** was awarded to Dr Bipin Guragain for his study on “*Predictive Factors for Significant Hemorrhage and Emergency Management After Percutaneous Nephrolithotomy (PCNL)*,” providing important insights into risk stratification and perioperative management in endourological surgery.

The conference also celebrated the achievements of residents through the **Resident Award Session**, which highlighted the growing research capacity among urology trainees in Nepal.

- **First Prize:** Dr Ishwor Paudel
- **Second Prize:** Dr Umesh Pradhan
- **Third Prize:** Dr Suresh Thapa and Dr Subodh Ghimire

These awards recognized exceptional research presentations and reflected the dedication of young clinicians toward advancing urological science and patient care.

## Conclusion

**NAUS UROCON 2026** successfully brought together national and international experts to share

knowledge, experience, and innovations in urology. The conference highlighted the rapid progress of urological practice in the region while reinforcing the importance of education, mentorship, and collaboration.



The inspiring “Words of Wisdom” by Ravindra B Sabnis stood out as a defining moments of the meeting—reminding participants that true surgical mastery lies not only in technical skill but also in dedication to learning, teaching, and advancing patient care.

**Message from Dr Michael Wong,  
Consultant Urologist, Mount  
Elizabeth Hospital, Singapore;  
President of Endourological Society**

*Good evening, dear friends and colleagues. It is my great privilege and honour to receive Nepal Association of Urological Surgeons honorary membership for 2026. This recognition is especially meaningful*

*as it coincides with the 21st anniversary of your distinguished society.*

*I would like to express my sincere gratitude to the President of NAUS and the entire Council for giving me this great honour. This year, 2026, is especially meaningful to me in many ways. Firstly, I will be turning 65 years old soon. I am now the fourth Asian president in the 43-year history of the Endo-Urology Society and World Congress of Endo-Urology. At the end of this year, I also become the Executive Director of UAA. Indeed, to make this year even more special, I am deeply honoured to receive this very special recognition from Nepal.*

*I wish you all a very successful meeting and I look forward to thanking you all personally at next year's conference at Nepal.  
Dhanyabaad.*







